

May 2017 Newsletter

Welcome to all the New Members. Thank you for joining our club! I am sure everyone is planning for the warmer weather, where to play Pickleball, where to travel and play Pickleball!

The sport is on everyone's radar these days. The US Open Pickleball Championships were just televised on CBS Sports Network. Did you catch any of the action? Have you checked out the "Pickleball Forum" on Facebook?? It is fun and very informative too.

Annual Membership Meeting and Pickleball

The Membership Meeting held on May 18th, went well. The By Laws revisions that **Gary Smith** and **Jeane DeKolver** worked hard to revise, passed and we had fun playing Poker Chip Pickle the rest of the morning. Thank you to **Steve Ritz** for providing all the Onyx Balls and Selkirk Paddles to try out. Thanks Steve!!

Member Directories

The New 2017 Member Directories are finally out at Tice and at Rudgear. Come by to pick yours up! We have plenty. Any member joining later than the cut off date will still be listed on line on our web site, in the Member Only area.

Tice Valley Gym

June Hours will be the same through June 25th, then everything changes.

Lifetime Tennis is holding Youth Camps from June 26th to August 25th. for badminton, chess and table tennis. We now have the dates for Pickleball and we believe there will be two bays, 6 courts available during the following schedule:

Pickleball Available (except Tuesdays)

July 3-7

July 10-14

July 17-21

July 27

Aug 14-18

Aug 21-25

No Pickleball on these dates

June 26-30

July 24, 25, 26, 28, 31

Aug 1-11

Put these dates on the calendar at home so you can keep playing Pickleball inside!!

ARC - Methodist Church in Alamo Update

This is a new facility in Alamo that added a beautiful gym, with three Pickleball courts. The cost will be \$4 a day. We will let you know once it is open for Drop In play! It is also air conditioned for those too hot summer days. Jim Burk has been working so hard to get this facility open in June. Can't wait to see it!!

Rudgear Park

Rusty's Drills, Skills and Thrills will continue this month on Thursdays at 10 AM. He has a BIG following now and is using all four portable net courts! Come and see what you need to learn. Even we more advanced players get tips from **Rusty Lent**. He knows All!!

Crazy 8's, invented by Eric Tate has been great! Everyone wants to get into the fun evening play on Tuesday and Thursday evenings, starting at 6PM. We are reserving the courts for June, July and August too. Eric also needs subs, on occasion. Let him know if you are interested! His email address is etate.stn1@gmail.com

Lifetime Tennis has started new lessons at Rudgear Park on Tuesdays and Fridays. Check their website out for more specifics for the Pickleball lessons they are offering.

Big News at Rudgear!

Our club has been working with the City of Walnut Creek on our Community Service Day Project. We suggested removing the very large tree that shades all of the Permanent Pickleball

Courts and then doing clean up afterwards. **Rich Zavala**, our member had actually offered for his company to remove it for the city. But surprisingly, Public Works and their arborist, decided to take the tree down in a few weeks!! We don't have to wait until October! We felt it was a safety issue, not being able to clearly see the ball during play. Many thanks to **Thom Macpherson** and **Duff Danilovich** and **Bill Dougherty** for spearheading the project initially. Thank you **Dick Hildebrand** for helping direct us to the right people to talk to, with the City. Thank you **David Wage** for helping us determine, exactly, what kind of a tree it is.....a Calabrian Pine. Who Knew??

A note of Thanks to **Ron Blasquez** for repairing the Ball Barriers at Rudgear again. The multi use courts are back in action.

Eye Safety and Pickleball or Can You See The Light?

This information is from the USAPA, Pickleball Magazine, last month.

Racquet sports rank 4th among activities causing eye injuries. About 90% of these could have been avoided by wearing eye protection. From my own experience with Racquetball, I know how easily this can happen. Polycarbonate lenses are highly impact resistant and can be found with or without prescription. Pickleball is considered a high risk activity because it involves a paddle and a ball, both of which could cause eye trauma.

A Pickleball can travel at one-third the velocity of a tennis ball, which means it can travel at about 40 MPH. With two players at the no-volley line it takes less than half a second, for the ball to travel from one paddle to the other. In other words, you don't have time to avoid being hit in the eye with the ball. In addition, serious damage can occur from being hit by the paddle.

It's time we all get real and buy some eye protection We all know someone that has had a close call or actually been hit in the eye.

Who is Missing??

Sylvia Sum, we are patiently a waiting your return from

Germany. Your place at Crazy 8's is waiting for you! We hope you return very soon, as you have been missed.

Baba Harrison was out for a while getting her eyes checked. We know she can see all those great shots she hits on OUR side of the court. Hope all went well Baba!

Well, I thought, **Laura Cahalen** was missing, but there she was playing Pickleball with us this week (May3) at Rudgear Park, Outside!! So glad to see and catch up on your jokes and humor!!

Christina Sutinen-Gonzales has been out, on and off for a while with a knee injury. We are really missing being on the courts playing and enjoying the time together! Miss you!

Bob Jensen and Joyce have been missing! Oh yeah, right! They are just down at Palm Desert for the winter. Hurry back!

Bob Stoffberg has been missing. No! He lives in Canada and has been playing some good Pickleball up there, winning some medals. He will be back in the US for the big tournament, Golden State Championships in Concord in August.

Steve Blick has been fighting a groin injury, but he has still helped Rusty with his Drills. Thanks Steve, everyone appreciates the help.

Please let me know if I need to mention any of our other members.

Tim Tamura we are still missing you on the courts too.

I haven't talked to **Nancy Smith** lately, but am hoping she is back at Tice Valley Gym playing her favorite sport!

Monica Mitchell, I know you and your sister have been very busy, hope to see you on the courts soon!

Who's Lifting?

We heard rumors from George, Kevin's father....**Kevin Clark** and **Hilary Ward** had entered a body building competition in Sacramento 5/13!! We hope it went well!! Good for you!! Now we know why we haven't seen you both!

SAVE THE DATE

ANNIVERSARY BBQ AT RUDGEAR PARK

JUNE 24, Saturday, 9 am Poker Chip Play

Noon BBQ

Details to Follow

Golden State Championships Tournament in Concord

www.goldenstatechampionship.info

Jordan and Katrina Briones are running this tournament in Concord this summer. It is a sanctioned tournament and should draw great players too. Everyone should sign up as soon as possible too.

We are going to have a Referee Training Day, on July 29th at 9 AM at Rudgear Park. The USAPA Regional Ambassador, Steve Sutton will be here to instruct all of us on the finer points. He has been a great friend to our club, but is busy doing demonstrations every where Pickleball is growing. Contact Katrina Briones if you have any questions at coachkatrina01@gmail.com

Don't Forget

Our club gets a 5% discount at Pickleball Central on all items. The club code is CRRPC. They have an amazing selection of paddles and lots of information.

Join the USAPA and receive their bi monthly magazine on line. It is full of good current information on the sport.